

American Heart Association
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Aorta Reporter

The Mended Hearts, Inc. Atlanta Chapter #81
Founded 1951 Chartered 1973

Dedicated to the Memory of Dr. Paul Ambery

Larry Wilson,
B.S., B.S.N., M.S.N., M.B.A.

"Functional Medicine in Heart Disease"

Tuesday, June 20, 2006
7:30 – 9 p.m.

SAINT JOSEPH'S HOSPITAL AUDITORIUM (ONE FLOOR BELOW LOBBY LEVEL)

FREE PARKING AVAILABLE

Drive past the hospital front entrance and watch for the Cancer Center parking deck on the left opposite the main entrance to the Cancer Center. Ring the button at the parking deck entrance and tell the attendant who answers that you are attending the Mended Hearts meeting and the gate will be opened.

DON'T FORGET – NO MEETING IN JULY!
JOIN US AUGUST 15 FOR OUR ANNUAL DAY MEETING & DUTCH TREAT LUNCHEON

Remember – If you're reading this, you're invited!!!
(and we do it all for you; please come, learn & meet many other MENDED HEARTS)

PRESIDENT'S NOTES

Sara likes to buy wreaths for all occasions, not for just one holiday. What happens to these wreaths is where the story is. The wreath she buys is usually made up of silk, plastic, polyurethane, and/or some Dow chemical product.

The wreaths usually have a short life span with us. Sara hangs them on the back deck, and the local birds eventually start pulling them apart for their new residence. Well, this spring things have just reversed. The local house wren has built itself a nest in one of the wreaths. The interesting thing about this nest is the wren did not take away any of the wreath to build the nest for its mate and chicks. If you look at the nest somewhat closely, you will see twigs, string, mud and dirt, plastic, newspapers, and many other organic and non-organic materials that make up this nest.

A lesson could be learned from this house wren. He/she realized it took a lot of materials and effort to build a nest, not just one or two materials. How many times have we allowed ourselves to be flexible and resourceful enough to solve a problem? If you look closely at the answer to this question, you will see that is just what you did in order to survive your heart attack. Now, it is your turn to go out and teach heart victims to become flexible and resourceful with their lives through Mended Hearts.

Good nest building.

Doug Steingraber

CHAPTER NOTES

Larry Wilde is director of the Carmel Institute of Humor and the founder of National Humor Month, which happens to be in April and begins with April Fool's Day. According to his web site, it is designed to heighten public awareness on how the joy and therapeutic value of laughter can improve health, morale, reduce stress and enrich the quality of life.

Larry also quotes Norman Cousins, who in his *Anatomy of An Illness*, cites laughter for promoting the healing process. In Cousins' words, "laughter is internal jogging."

The above is a long introduction to some of the reasons why we try to dedicate at least one issue a year to humor. For one reason or another, several years ago, we settled on June. That's not to say we neglect humor the rest of the year, but this issue is it; and we must warn you, don't take anything in this issue too seriously.

Okay, enough said. Let me start off with a potpourri from the South Jersey Devil (and with their permission):

- Banging your head against a wall uses 150 calories an hour.
- What if you're in hell, and you're mad at someone. Where do you tell them to go?
- A blonde ordered a pizza and the clerk asked her if she wanted it cut into six or 12 pieces. She said, "Six, please. I could never eat 12 pieces!"
- One thing you can't recycle is wasted time.
- Motherhood: If it were going to be easy, it never would have started with something called labor!
- Your future depends on many things, but mostly on you.
- Did you hear about the woman who had her late husband's ashes made into an egg timer? Finally, he's some help in the kitchen.

I'd like to close this month with a recommendation for a good read. The book is *Marley & Me, The World's Worst Dog* by John Grogan. It's been on the bestseller list, and you don't have to be a dog lover to enjoy the humorous experiences between a crazy dog and his family. It is wonderfully written, and I guarantee you'll get some good laughs. Talk about therapeutic!

Remember to keep looking for all the little things in your everyday life that will bring a smile to your face, count your blessings, and take good care of your heart so it can take care of you!

God willing I'll see you here again, not next month (no July issue), but in August.

George Waterhouse

Andy Rooney on Monica: Can you believe it? Monica turned 28 this week. It seems like only yesterday that she was crawling round the White House on her hands and knees.

Andy Rooney on Vegetarians: Vegetarian — that's an old Indian word meaning "lousy hunter."

Andy Rooney on Prisoners: Did you know that it costs \$40 thousand dollars a year to house each prisoner? Jeez, for \$40 thousand bucks apiece, I'll take a few prisoners into my house. I live in Los Angeles. I already have bars on the windows. I don't think we should give free room and board to criminals. I think they should have to run 12 hours a day on a treadmill and generate electricity. And, if they don't want to run, they can rest in the chair that's hooked up to the generator.

Andy Rooney on Fabric Softeners: My wife uses fabric softener. I never knew what that stuff was for. Then I noticed women coming up to me, sniffing, and then saying under their breath, "Married!" and walking away. Fabric softeners are how our wives mark their territory. We can take off the ring. But, it's hard to get that April Fresh scent out of your clothes.

Andy Rooney on Morning Differences: Men and women are different in the morning. We men wake up aroused in the morning. We can't help it. We just wake

up, and we want you. And the women are thinking, "How can he want me the way I look in the morning?" It's because we can't see you. We have no blood anywhere near our optic nerve.

Andy Rooney on Cripes: My wife's from the Midwest. Very nice people there. Very wholesome. They use words like 'Cripes,' 'For Cripes sake.' Who would that be—Jesus Cripes? The son of 'Gosh' of the church of 'Holy Moly'? I'm not making fun of it. You think I wanna burn in 'Heck'?

Rooney on Grandma: My grandmother has a bumper sticker on her car that says, 'Sexy Senior Citizen.' You don't want to think of your grandmother that way, do you? Out entering wet shawl contests. Makes you wonder where she got that dollar she gave you for your birthday.

Rooney on Answering Machines: Did you ever hear one of these corny positive messages on someone's answering machine? "Hi, it's a great day, and I'm out enjoying it right now. I hope you are too. The thought for the day is: Share the love." BEEP "Uh, yeah...this is the VD clinic calling. Speaking of being positive, your test results are back. Stop sharing the love."

Contributed by Cathy Schmit

WELCOME NEW MEMBERS

To receive the most benefit from your membership, make it *YOUR* Mended Hearts chapter.

**Todd & Molly Berger*

**Adrian Fowler*

**Nancy Jacobsen*

**David Schulman*

**Thomas & Bonnie Sprecher*

**June C. Phelps (Marietta satellite)*

**Wesley H. Starling (Marietta satellite)*

JUNE CARDIO-VERSARIES

1969	Frances Hall
1979	Paul Finkel
1980	Dixie Jardine
1984	Barbara Carroll
1994	John Rutledge
1995	Doris Hughes
1996	Beverly Wilson Henry McShan
1999	Bonnie Shellebarger Martha Dickerson
2000	James Scaglione
2001	Cora Miles
2003	Ken Wencil William Hall
2004	Carina Johnson

HOSPITAL VISITING REPORT

During the month of April 2006, we recorded 121 hospital and telephone visits at Emory University Hospital, Crawford Long Hospital, Saint Joseph's Hospital, Atlanta Medical Center, Piedmont Hospital, Grady Hospital, and WellStar Kennestone Hospital.

LET'S VISIT AWHILE

While visiting last week, I ran into a situation that shows how much we take things for granted in our everyday life. I met a man, who, when I discussed our three free issues of the Aorta Reporter, said he couldn't read them. Of course, I assumed he meant because of failing eyesight. However, he went on to explain that he had been a farmer all of his life and never had an opportunity to go to school. What a pity!!

Now for the humor...

I once signed up for an exercise class. They told me to wear loose-fitting clothing. If I had any loose-fitting clothing, I wouldn't have signed up in the first place!

A doctor who was known for extraordinary treatment of arthritis had a waiting room full of patients. A little old lady came in doubled over and leaning on a cane. When her turn came, she went into the doctor's office. Within five minutes she came out walking completely erect.

A lady who had seen all of this rushed up to the little old lady and said, "It's a miracle! What did he do?"

The old lady said, "He gave me a longer cane!!"

Sign on a church message board: Don't ever give up! Remember Moses was once a basket case too!

Herb Jardine

VOLUNTEERING DATE AT AMERICAN HEART ASSOCIATION

June 22

RED CAP VOLUNTEERS SCORE AGAIN

Thanks to the following volunteers for helping out at the American Heart Association Golf and Tennis tournament:
Neal Barronton, Joe and Betty Cantrell,
Jim Torbert, Daryl Thompson,
Bob and Fran Fisher, and Doug Steingraber.

AMERICAN HEART ASSOCIATION CONNECTIONS

HEALTH CARE PRACTITIONERS' NAMES LIST

Dr. AikenheadAllergy
 Dr. Mistry, Dr. Brick Wall, Dr. Ether,
 Dr. Tranquilli, Dr. Comfort Anesthesiology
 Dr. Truluck, Dr. Love, Dr. Fix, Dr. Hart, Dr. Valentine,
 Dr. Everhart, Dr. Safety R. First..... Cardiology
 Dr. Gentle, Dr. Popwell, Dr. Wack, Dr. Handler,
 The Drs. Mash, Dr. Bonebrake, Dr. Butcher,
 Dr. Bones, Dr. Bender Chiropractors
 Dr. Spot, Dr. Rash, Dr. Cheek, Dr. Tanner, Dr. Pitts,
 Dr. Skinner, Dr. WhiteheadDermatology
 Dr. Klotz, Dr. Wax Ear, Nose and Throat
 Dr. Pulse, Dr. Borer, Dr. Cure,
 Dr. Gore..... Emergency Medicine
 Dr. Jonathan Treat Paine, Dr. Foley, Dr. Megahead,
 Dr. Brain, Dr. Head Neurology
 Dr. Neupane, Dr. Pain, Dr. Ow..... Pain Management
 Dr. Shouey, Dr. Hopper, Dr. Shu, Dr. Korn, Dr. Foote,
 Dr. Cornfield, Dr. Shoemaker, Dr. Smellsey,
 Dr. Tozzi (toe-sie), Dr. Toback (toe-back),
 Dr. Footer Podiatry
 Dr. Alter, Dr. Reckless, Dr. Brain, Dr. Strange,
 Dr. Savage, Dr. Wisdom, Dr. Dippy, Dr. Moodie,
 Dr. Bummer, Dr. Looney, Dr. Crabb, Dr. Dement
Psychiatry/Psychology/Mental Health
 Dr. Blades, Dr. Klutts, Dr. Gore, Dr. Gutman,
 Dr. Seo (pronounced "sew"), Dr. Creasman (plastic
 surgeon), Dr. Organ, Dr. Cutts, Dr. Kutteroff,
 Dr. Hurt, Dr. Mes, Dr. Rush Surgery

Stuck in traffic and stressed out? Next time, picture these bumper stickers on the car in front of you:

Despite the cost of living, have you noticed how popular it remains?

I intend to live forever—so far, so good.

Borrow money from pessimists—they don't expect it back.

If Barbie is so popular, why do you have to buy her friends?

A conclusion is the place where you got tired of thinking.

A day without sunshine is, like, night.

On the other hand, you have different fingers.

I just got lost in thought. It was unfamiliar territory.

42.7 percent of statistics are made up on the spot.

I feel like I'm diagonally parked in a parallel universe.

I wonder how much deeper the ocean would be without sponges.

Honk if you love peace and quiet.

I drive way too fast to worry about cholesterol.

Remember, half the people you know are below average.

Grow your own dope—plant a man.

*Vanessa G. Garrity
Volunteer and Communications Coordinator*

The pharmacist walks into the store to find a guy leaning heavily against a wall. He asks the blonde clerk, "What's with that guy over there by the wall?"

The blonde clerk responds, "Well, he came in here this morning to get something for his cough. I couldn't find the cough syrup, so I gave him an entire bottle of laxative."

The pharmacist yells, "You idiot! You can't treat a cough with a laxative!"

The blonde clerk responds, "Of course you can! Look at him; he's afraid to cough."

I went to the doctor for my yearly physical. The nurse starts with certain basics.

"How much do you weigh?" she asks.

"115," I say.

The nurse puts me on the scale. It turns out my weight is 140.

The nurse asks, "Your height?"

"5 foot 8," I say.

The nurse checks and sees that I only measure 5' 5."

She then takes my blood pressure and tells me it is very high.

"Of course, it's high!" I scream, "When I came in here I was tall and slender! Now I'm short and fat!"

She put me on Prozac.

Contributed by Max Feinstein

SATELLITE MEETING INFO.....

Marietta Satellite

First Tuesday of the month – 6:30 p.m.
 Kennestone Hospital Rehab Center (behind the hospital)
 Call Doug Steingraber at 770-926-0157 for information.

Piedmont Satellite

Meetings are quarterly
 Call Joann Gorell at 404-605-3283
 for dates, times, and locations.

IS THERE A DOCTOR IN THE HOUSE?

A doctor and a lawyer were talking at a party. Their conversation was constantly interrupted by people describing their ailments and asking the doctor for free medical advice. After an hour of this, the exasperated doctor asked the lawyer, "What do you do to stop people from asking you for legal advice when you're out of the office?"

"I give it to them," replied the lawyer, "and then I send them a bill."

The doctor was shocked, but agreed to give it a try. The next day, still feeling slightly guilty, the doctor prepared the bills. When he went to place them in his mailbox, he found a bill from the lawyer.

Two psychiatrists were at a convention. As they conversed over dinner, one asked the other, "So, tell me, what was your most difficult case?"

The other replied, "Well, let's see...I had a patient who lived in a pure fantasy world. He believed that an uncle in South America was going to die and leave him a fortune. All day long he waited for a letter to arrive from an attorney. He never went out, he never did anything; he merely sat around and waited for this fantasy letter from this fantasy uncle. I worked with this man eight years."

"So, what was the result?"

"It was an eight-year struggle. Every day for eight years, but I finally cured him. And then...that stupid letter arrived!"

A woman went to the doctor's office, where she was seen by one of the younger doctors. After about four minutes in the examination room, she burst out, screaming as she ran down the hall.

An older doctor stopped her and asked what the problem was, and she told him her story. After listening, he had her sit down and relax in another room. The older doctor marched down the hallway to the back where the young doctor was writing on his clipboard.

"What's the matter with you?" the older doctor demanded. "Mrs. Reid is 62 years old, has four grown children and seven grandchildren, and you told her she was pregnant?"

The younger doctor continued writing and without looking up said, "Does she still have the hiccups?"

One day the physics professor was discussing a particularly complicated concept. A pre-med student rudely interrupted to ask, "Why do we have to learn this stuff?"

"To save lives," the professor responded quickly and continued the lecture.

A few minutes later, the same student spoke up again. "So, how does physics save lives?" he persisted.

"It keeps the idiots out of medical school," replied the professor.

"Mr. Clark, I'm afraid I have bad news," the doctor told his anxious patient. "You only have six months to live."

The man sat in stunned silence for the next several minutes. Regaining his composure, he apologetically told his physician that he had no medical insurance.

"I can't possibly pay you in that time."

"Okay," the doctor said, "let's make it nine months."

An old man goes to his doctor, complaining about a pain in his leg that doesn't heal, and wants a diagnosis and explanation.

The doctor checks out his leg, but can't find anything wrong so he gives the old guy a full physical exam and still can't come up with any possible explanation for the pain. The doctor hands the patient his bill and says, "I'm sorry, but the pain in your leg is simply caused by old age; there's nothing I can do about it."

The old man replies with a look of disbelief, "That's impossible! That can't be!"

The doctor says, "What do you mean? I'm the expert here. If you know so much, how can you say it's NOT old age?"

The patient answers, "I'm no doctor, but it doesn't take a medical degree to tell that your diagnosis is wrong. Clearly you're mistaken. After all, my other leg feels just fine."

"So what?" says the doctor, "What difference does that make?"

"Well, it doesn't hurt a bit, and it's the SAME AGE!"

When our lawn mower broke and wouldn't run, my wife kept hinting to me that I should get it fixed. But, somehow I always had something else to take care of first...the truck, the car, fishing... always something more important to me.

Finally she thought of a clever way to make her point. When I arrived home one day, I found her seated in the tall grass, busily snipping away with a tiny pair of sewing scissors. I watched silently for a short time and then went into the house. I was gone only a few minutes. When I came out again, I handed her a toothbrush.

"When you finish cutting the grass," I said, "you might as well sweep the sidewalk."

The doctors say I will walk again, but I will always have a limp.

PARDON THE PUN

One day in a field, Alicia Algae met Fred Fungus, and they sat down on a rock for a while because they took a lichen to each other.

A man walks into a hardware store and asks if they have a tool for breaking up some hard ground. The shop assistant points to a row of suitable tools along the wall and replies, "Certainly, sir, take your pick."

The best scarecrow won every award and received every possible accolade. He was simply the best scarecrow ever. He truly was outstanding in his field.

When I got sick, my psychiatrist sent me a basket of fruit. It was shrink-wrapped. And the card didn't say, "Get well soon." It said, "How do you feel?"

A woman went to France on a wine-tasting vacation. Unfortunately, while in the capital city, she drank too much, fell from her hotel window, and ended up in a body cast.

When she got home she swore never to get plastered in Paris again.

Bovine actors should be scene and not herd.

I told my psychiatrist I kept dreaming about two computer geeks. He told me I was pair o' nerd.

People who live beyond their means should act their wage.

LINES FROM RESUMES WE HOPE AREN'T TRUE

- My ability to complete projects on time is unspeakable.
- Hope to hear from you shortly.
- Here are my qualifications for you to overlook.
- I am a rabid typist.
- My experience in horticulture is well rooted.
- Education: College, August 1880 to May 1984.
- Special skills: Speak English.
- Served as assistant sore manager.
- Graduated in top 66 percent of my class.
- Married, eight children. Prefer frequent travel.

LAUGHS AND GIGGLES

If you're too open-minded, your brains will fall out.

Don't worry about what people think; they don't do it very often.

Going to church doesn't make you a Christian any more than standing in a garage makes you a car.

It ain't the jeans that make your butt look fat.

Artificial intelligence is no match for natural stupidity.

My idea of housework is to sweep the room with a glance.

Not one shred of evidence supports the notion that life is serious.

It is easier to get forgiveness than permission.

For every action, there is an equal and opposite government program.

If you look like your passport picture, you probably need the trip.

Bills travel through the mail at twice the speed of checks.

A conscience is what hurts when all of your other parts feel so good.

Eat well, stay fit, die anyway.

Men are from earth. Women are from earth. Deal with it.

No man has ever been shot while doing the dishes.

A balanced diet is a cookie in each hand.

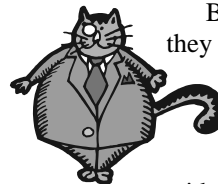
Middle age is when broadness of the mind and narrowness of the waist change places.

Opportunities always look bigger going than coming.

Junk is something you've kept for years and throw away three weeks before you need it.

There is always one more imbecile than you counted on.

Experience is a wonderful thing. It enables you to recognize a mistake when you make it again.



By the time you can make ends meet, they move the ends.

Thou shalt not weigh more than thy refrigerator.

Someone who thinks logically provides a nice contrast to the real world.

If you must choose between two evils, pick the one you've never tried before.

FLIGHT 81 IS NOW BOARDING...

All too rarely, airline attendants make an effort to make the in-flight "safety lecture" and their other announcements a bit more entertaining. Here are some real examples that have been heard or reported:

On a Continental flight with a very "senior" flight attendant crew, the pilot said, "Ladies and gentlemen, we've reached cruising altitude and will be turning down the cabin lights. This is for your comfort and to enhance the appearance of your flight attendants."

On landing, the stewardess said, "Please be sure to take all of your belongings. If you're going to leave anything, please make sure it's something we'd like to have."

"There may be 50 ways to leave your lover, but there are only four ways out of this airplane."

"Thank you for flying Delta Business Express. We hope you enjoyed giving us the business as much as we enjoyed taking you for a ride."

As the plane landed and was coming to a stop at Ronald Reagan, a lone voice came over the loudspeaker: "Whoa, big fella. WHOA!"



After a particularly rough landing during thunderstorms in Memphis, a flight attendant on a Northwest flight announced, "Please take care when opening the overhead compartments because, after a landing like that, sure as hell everything has shifted."

"In the event of a sudden loss of cabin pressure, masks will descend from the ceiling. Stop screaming, grab the mask, and pull it over your face. If you have a small child traveling with you, secure your mask before assisting with theirs. If you are traveling with more than one small child, pick your favorite."

"Weather at our destination is 50 degrees with some broken clouds, but we'll try to have them fixed before we arrive. Thank you, and remember—nobody loves you, or your money, more than Southwest Airlines."

"Your seat cushions can be used for flotation; and, in the event of an emergency water landing, please paddle to shore and take them with our compliments."

"Should the cabin lose pressure, oxygen masks are in the overhead area. Please place the bag over your own mouth and nose before assisting children ... or other adults acting like children."

"As you exit the plane, make sure to gather all of your belongings. Anything left behind will be distributed evenly among the flight attendants. Please do not leave children or spouses."

And from the pilot during his welcome message: "Delta Air Lines is pleased to have some of the best flight

attendants in the industry. Unfortunately, none of them are on this flight!"

Heard on Southwest Airlines just after a very hard landing in Salt Lake City: The flight attendant came on the intercom and said, "That was quite a bump, and I know what y'all are thinking. I'm here to tell you it wasn't the airline's fault, it wasn't the pilot's fault, it wasn't the flight attendants' fault... it was the asphalt."

Overheard on an American Airlines flight into Amarillo, Texas, on a particularly windy and bumpy day: During the final approach, the captain was really having to fight it. After an extremely hard landing, the flight attendant said, "Ladies and Gentlemen, welcome to Amarillo. Please remain in your seats with your seat belts fastened while the captain taxis what's left of our airplane to the gate!"

BUT OFFICER...

These were taken off actual police car recordings around the country:

"Relax, the handcuffs are tight because they're new. They'll stretch out after you wear them for a while."

"Take your hands off the car, or I'll make your birth certificate a worthless document."

"If you run, you'll only go to jail tired."

"Can you run faster than 1,200 feet per second? In case you didn't know, that is the average speed of a 9mm bullet fired from my gun."

"So you don't know how fast you were going. I guess that means I can write anything I want on the ticket, huh?"

"Yes, sir, you can talk to the shift supervisor, but I don't think it will get you help. Oh, did I mention that I am the shift supervisor?"

"Warning? You want a warning? Okay...I'm warning you not to do that again or I'll give you another ticket."

"The answer to this last question will determine whether you are drunk or not... was Mickey Mouse a cat or a dog?"

"Yeah, we have a quota. Two more tickets and my wife get a toaster oven."

"Just how big were those two beers, fella?"

"No, sir, we don't have quotas anymore. We used to have quotas but now we're allowed to write as many tickets as we want."

"I'm glad to hear the chief of police is a good personal friend of yours. At least you know someone who can post your bail."

"You didn't think we give tickets to pretty women? You're right, we don't. Sign here."

APPLICATION FOR MEMBERSHIP

We (I) would like to join Mended Hearts, Inc., Chapter #81

Atlanta or Satellite: Marietta Piedmont

NAME _____

SPOUSE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ DATE OF BIRTH _____

DID YOU HAVE:

Bypass Surgery Balloon Pacemaker Heart Attack

Valve Surgery: Mitral Tricuspid Aortic Pulmonary

Other _____

New member family dues are \$32.00 and new member single dues are \$22.00.
Please make your check payable to:
The Mended Hearts, Inc., Chapter #81
Mail to: John Crosbie, Treasurer
3401 Winter Wood Court
Marietta, GA 30062-1247

RETIRED YES NO

DATE OF CARDIAC EVENT OR SURGERY: _____

TYPE OF MEMBERSHIP: FAMILY SINGLE

Membership covers a twelve-month period from date of enrollment and includes:

- Insignia pin
- Chapter newsletter
- Subscription to quarterly national magazine, *Heartbeat*

Aorta Reporter

A copy of *Aorta Reporter* is mailed for three consecutive months following your hospital stay or referral as a heart patient. It is our way of keeping in touch while you continue to recuperate. We enjoyed meeting you and hope you received some comfort and encouragement from us. Having lived the same experiences, we are willing to take time out of our lives because we want to share our experiences in your recovery. As you become active again, you and your family are invited to attend our Atlanta Chapter #81 or any other chapter meetings as guests. In getting to know us, we hope you will decide to join us in helping each other. Our 7:30 p.m. meetings are the third Tuesday of each month.

Mended Hearts

Mended Hearts is a nationwide support organization, affiliated with the American Heart Association, for individuals with heart disease, including persons recovering from heart attacks or open-heart surgery. Members give hope and encouragement to others by providing living proof that persons with heart disease can lead full, productive lives. Family and friends are also welcome to attend the free monthly sessions. For information, call 678-385-2062 or your local American Heart Association.

**Visit Chapter #81 at
www.mendedheartsatlanta.org**

**ATLANTA MENDED HEARTS, CHAPTER #81
678-385-2062**

c/o American Heart Association
1101 Northchase Parkway; Marietta, GA 30067-6421
678-385-2000

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